



Karma Tuesdays !

karma • noun (in Hinduism and Buddhism) the sum of a person's actions in this and previous states of existence, viewed as affecting their future fate. - OED.

Every Tuesday 5% of our sales will be donated to a local charity or non-profit organization. This is our way of giving back to the community and thanking the people of Vancouver for their support. You can help - come to Bistrot Bistro on Tuesdays and share in the good Karma!

If you belong to a non-profit organization and are interested in participating in Karma Tuesdays, please do the following:

1. Prepare a package for us describing your organization and how the donation will be used. Upon approval, we will contact you as to the date(s) when we will sponsor your request.
2. The name of your organization will be posted at the restaurant listing the dates which you will be sponsored. We advise that you advertise the dates to your members and to the public. Also drop off any promotional material for us to display at the restaurant. The more who dine, the more the donation.
3. We will send you a cheque and we will require a receipt for the full amount.

Date and organization

We are please to announce that the following charitable organization will be the recipient of Karma Tuesday.

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| November 2007 | <u>Kitsilano Neighborhood House</u> |
| December 2007 | <u>Big Sister of BC Lower mainland</u> |
| January Feb 2008 | <u>Queen Alexandra Garden</u> |
| March 2008 | <u>Seva Canada Eye care charity</u> |
| April May 2008 | <u>Cassie/Friends fund Juvenile Arthritis</u> |
| June July 2008 | <u>Alzheimer Society Peter Debay Ascent for Alzheimer's 2008</u> |
| August Sept 2008 | <u>Rick Hansen Foundation</u> |
| October Nov. 2008 | <u>Scotty Hard Fund</u> |
| Dec.08 Jan 2009 | <u>Children's Heart Network</u> |
| Feb March 2009 | <u>Societe Inform'elles Society</u> |
| April May 2009 | CHARITY NOT PRESENT |
| June July 2009 | <u>Disabled sailing Floating dock fund</u> |
| August September 09 | <u>Dress for success Vancouver</u> |
| October November 09 | <u>Camp Fyrefly BC</u> |
| December January 10 | <u>Society for children Youth BC</u> |
| February March 10 | <u>Little Green lunch Sunset Daycare</u> |
| April May 10 | <u>Big Sister of BC Lower mainland</u> |
| June July 10 | <u>Rare Disease Foundation</u> |
| August September 10 | <u>Variety The children Charity</u> |
| October November10 | <u>Arts Umbrella</u> |
| December Jan. 11 | <u>3 H craft works</u> |
| February March 11 | <u>Women Against Violence Against Women Rape Crisis Center</u> |